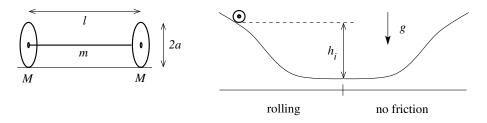
## [mex272] Runaway dumbbell

Two solid disks, each of mass M and radius a, are mounted to the ends of a solid rod mass m, length l, and negligible width as shown.

- (a) Find the principal moments of inertia of this dumbbell for rotations about its center of mass.
- (b) When the dumbbell rolls from rest without sliping down a hill of altitude  $h_i$  in a uniform gravitational field g, what will be its final speed v? Assume that no mechanical energy is dissipated during the rolling motion.
- (c) As the dumbbell continues its journey, now on a slippery surface up an adjacent hill, to what altitude will it climb before turning around? Assume the absence of any frictional force on this stretch.



## Solution: